



Pfizer New Zealand Ltd
PO Box 3998
Shortland Street
Auckland 1140

1st November 2024

Dear Healthcare Professional,

**Important Update – Noriday Tablets, Norethisterone 0.35mg,
3 x 28 tablet blister pack**

Pfizer wishes to advise you that, there continues to be a supply issue affecting Noriday 28 day oral contraceptive, norethisterone 0.35mg. To ensure continuity of supply, we have sourced stock Noriday 28 day oral contraceptive, 0.35mg tablets from our UK affiliate.

Please note that the tablet formulation, manufacturing method, QA testing methods and the blister packaging materials are identical to the New Zealand version of Noriday. The only difference is the artwork and the package insert. The significant differences are noted in the tables below.

Blister Artwork

New Zealand Noriday	UK Noriday	Difference
The following is written on the foil “Complete all pills in this pack before starting a new pack.”	No similar statement included	No recommendation statement is written on the foils of the UK presentation.
No days written on foils.	Each of the 28 pockets is marked with consecutive days of the week	No days are written on the foils of the NZ presentation.

Carton Artwork

New Zealand Noriday	UK Noriday	Difference
There is a “Prescription Only Medicine” heading on the carton.	No similar statement included	No classification statement is written on the carton of the UK presentation.
There is a “contains lactose” warning on the carton.	No similar statement included	No lactose warning statement is written on the carton of the UK presentation.
Sponsor name is given as “Pfizer New Zealand Ltd, Auckland, New Zealand”	Sponsor name is given as “Pfizer Limited, Ramsgate Road, Sandwich, Kent, CT13 9NJ, UK”	The NZ Pfizer address is not provided.

Leaflet in the pack

New Zealand Noriday	UK Noriday	Difference
<p>“A history of ectopic pregnancy (a pregnancy in the fallopian tube rather than the womb).” Is listed as a contraindication</p>	<p>Not present</p>	<p>There is no ectopic pregnancy contraindication in the UK leaflet.</p>
<p>Additional warnings in the NZ leaflet that are not in the UK leaflet:</p> <ul style="list-style-type: none"> • you are over the age of 40 • you have ever had a blood clot • you or anyone in your immediate family have had cancer or suspected cancer of the breast or sex organs (e.g. cervix, ovaries, endometrium, womb) • you are overweight, have recently had or are planning to undergo major surgery, or are confined to bed for long periods of time • you have uterine fibroids • you have or have had ovarian cysts • any member of your family has suffered from blood clots, a stroke, or heart attack. 	<p>Additional warnings in the UK leaflet that are not in the NZ leaflet:</p> <ul style="list-style-type: none"> • multiple sclerosis • porphyria (a rare inherited blood disease) • tetany (muscle twitches) • otosclerosis (an inherited form of deafness which sometimes gets worse during pregnancy) 	<p>There are a number of differences in the warnings and precautions section of the leaflet</p>
<p>The following concomitant medicine warnings are included in the NZ leaflet that are not in the UK leaflet:</p> <ul style="list-style-type: none"> • medicines used to prevent or relieve the symptoms of allergy (such as hay fever) • medicines used to treat or prevent pain 	<p>The following concomitant medicine warnings are included in the UK leaflet that are not in the NZ leaflet:</p> <ul style="list-style-type: none"> • modafinil (narcolepsy i.e. daytime sleep) 	<p>There are three differences in the concomitant medicine warning section of the leaflet.</p>
<ul style="list-style-type: none"> • During the first two weeks of the course only, it is important to use an additional non-hormonal birth control method to provide added protection. 	<ul style="list-style-type: none"> • For the first seven days of the first pack you should also use a condom, or a cap and spermicide 	<p>The first use warning for addition contraceptive protection is 7 days shorter in the UK leaflet.</p>
<ul style="list-style-type: none"> • Immediately telephone your doctor or pharmacist or the National Poisons Centre (telephone 03 474 7000) or go to Accident and Emergency at your nearest hospital. 	<ul style="list-style-type: none"> • If you take too many pills or you find out that someone else has taken a lot of pills, contact a doctor immediately. 	<p>There is no NZ specific contact details in the UK leaflet.</p>

New Zealand Noriday	UK Noriday	Difference
<ul style="list-style-type: none"> • swelling of the face, lips, tongue or other parts of the body, shortness of breath, wheezing or trouble breathing. • pain or bleeding after intercourse • changes in cervical secretions and erosions • discharge, itching or pain in the vaginal area • feeling very thirsty, dry mouth, frequently needing to urinate • swelling, retention of fluids • acne • dark discolouration of the skin • blotchy discolouration on the face or arms or legs (which may persist after the tablets have been stopped) • excessive hair growth or hair loss • may affect the development of your fetus • changes to the results of your cholesterol and liver function tests • exacerbation of porphyria 	Not present	The NZ leaflet contains 13 side effects that are not listed in the UK leaflet.
Pfizer New Zealand Ltd PO Box 3998 Auckland New Zealand	Pfizer Limited Ramsgate Road Sandwich Kent CT13 9NJ United Kingdom	The NZ Pfizer address is not provided.

Please direct all supply or medical enquiries to Pfizer New Zealand on 0800 736 363 or NZ.WPOCS@pfizer.com.

Please report any suspected adverse events to the Centre for Adverse Reactions Monitoring (CARM) online at <https://pophealth.my.site.com/carmreportnz/s/>. Alternatively, suspected adverse events may be reported via email to Pfizer Drug Safety at AUS.AEReporting@pfizer.com.

Before prescribing Noriday, please review the full [data sheet](#) and the [consumer medicines information leaflet](#).

Yours faithfully,



Pasquale Gargiulo
Pfizer New Zealand