

ANTIHISTAMINES FINAL PROPOSAL FOR HARMONISATION

Prescription medicine

- Antihistamines or combination products with the potential for serious abuse.

Restricted medicine

- Single-ingredient sedating antihistamines.
- Sedating antihistamines in combination with active ingredients other than a sympathomimetic decongestant except when in the bed-time dose of a day/night preparation.
- Sedating antihistamine products for children under two years of age.

Pharmacy-only medicine

- Non-sedating antihistamines in either single-ingredient preparations or in combination products containing other pharmacy-only or unscheduled ingredients.
- Sedating antihistamines in combination products when one of the active ingredients is a sympathomimetic decongestant and the product is indicated for the relief of symptoms of coughs colds or influenza for children 2 years of age or more.
- Sedating antihistamines in the bedtime dose of day/night combination preparations for the relief of symptoms of coughs colds or influenza for children 2 years of age or more. The bedtime dose is not required to contain a sympathomimetic decongestant.
- Meclozine, promethazine and dimenhydrinate (=diphenhydramine theoclate) in pack sizes of 10 tablets or less for travel sickness

The NDPSC has not agreed to harmonise with the New Zealand exemption for sale of travel sickness packs at transport terminals or on boats or planes. There is currently no information which would cause the MCC to review the exemption from pharmacy-only status when sold from one of these outlets.

PRESCRIPTION MEDICINE

ACRIVASTINE

ANTAZOLINE; except for ophthalmic use

AZATADINE; except for oral use

AZELASTINE; except for nasal use

BAMIPINE

BROMPHENIRAMINE; except when specified elsewhere

BUCLIZINE; except for oral use

CETIRIZINE; except for oral use

CHLORCYCLIZINE

CHLORPHENIRAMINE; except for oral use

CLEMASTINE; except for oral use

CLEMIZOLE
CYPROHEPTADINE; except for oral use
DESLORATADINE; except for oral use
DEXCHLORPHENIRAMINE; except for oral use
DIMENHYDRINATE; except when specified elsewhere
DIMETHINDENE; except for oral use
DIPHENHYDRAMINE; except for oral use
DIPHENYLPYRALINE; except for oral use
DOXYLAMINE; except when specified elsewhere
LEVOCABASTINE; except for ophthalmic or nasal use
LORATADINE; except for oral use
MEBHYDROLIN
MEPYRAMINE; except for oral use
METHDILAZINE; except for oral use
PHENIRAMINE; except for oral or ophthalmic use
PHENYLTOLOXAMINE; except for oral use
PROMETHAZINE; except when specified elsewhere
TERFENADINE
THENYLDIAMINE; except for oral use
TRIMEPRAZINE; except for oral use
TRIPROLIDINE; except for oral use

RESTRICTED MEDICINE

BROMPHENIRAMINE; for oral use except when specified elsewhere
BUCLIZINE; for oral use
CHLORPHENIRAMINE; for oral use except when specified elsewhere
CLEMASTINE; for oral use
CYPROHEPTADINE; for oral use
DEXCHLORPHENIRAMINE; for oral use except when specified elsewhere
DIMENHYDRINATE; for oral use except when specified elsewhere
DIMETHINDENE; for oral use
DIPHENHYDRAMINE; for oral use except when specified elsewhere
DIPHENYLPYRALINE; for oral use except when specified elsewhere
DOXYLAMINE; for oral use except when specified elsewhere
MEPYRAMINE; for oral use
METHDILAZINE; for oral use
PHENIRAMINE; for oral use except when specified elsewhere
PHENYLTOLOXAMINE; for oral use
PROMETHAZINE; for oral use except when specified elsewhere
THENYLDIAMINE; for oral use except when specified elsewhere
TRIMEPRAZINE; for oral use in solid dose form or in liquid form containing 10 milligrams or less of trimeprazine per 5 millilitres
TRIPROLIDINE; for oral use except when specified elsewhere

PHARMACY-ONLY MEDICINE

ANTAZOLINE; for ophthalmic use
AZATADINE; for oral use
AZELASTINE; for nasal use

BROMPHENIRAMINE; when combined with one or more other therapeutically active substances in oral preparations for the treatment of coughs, colds or influenza when:

- at least one of the other therapeutically active substances is a sympathomimetic decongestant; or
- in a day/night pack containing brompheniramine in the bedtime dose; and
- in preparations for adults or children two years of age or more

CETIRIZINE; for oral use

CHLORPHENIRAMINE; when combined with one or more other therapeutically active substances in oral preparations for the treatment of coughs, colds or influenza when:

- at least one of the other therapeutically active substances is a sympathomimetic decongestant; or
- in a day/night pack containing chlorpheniramine in the bedtime dose; and
- in preparations for adults or children two years of age or more

DESLORATADINE; for oral use

DEXCHLORPHENIRAMINE; when combined with one or more other therapeutically active substances in oral preparations for the treatment of coughs, colds or influenza when:

- at least one of the other therapeutically active substances is a sympathomimetic decongestant; or
- in a day/night pack containing dexchlorpheniramine in the bedtime dose; and
- in preparations for adults or children two years of age or more

DIMENHYDRINATE; in packs containing not more than 10 tablets for the prevention or treatment of motion sickness except when sold at a transport terminal or aboard a ship or plane

DIPHENHYDRAMINE; in packs containing not more than 10 tablets for the prevention or treatment of motion sickness except when sold at a transport terminal or aboard a ship or plane; when combined with one or more other therapeutically active substances in oral preparations for the treatment of coughs, colds or influenza when:

- at least one of the other therapeutically active substances is a sympathomimetic decongestant; or
- in a day/night pack containing diphenhydramine in the bedtime dose; and
- in preparations for adults or children two years of age or more

DIPHENYLPYRALINE; when combined with one or more other therapeutically active substances in oral preparations for the treatment of coughs, colds or influenza when:

- at least one of the other therapeutically active substances is a sympathomimetic decongestant; or
- in a day/night pack containing diphenpyraline in the bedtime dose; and
- in preparations for adults or children two years of age or more

DOXYLAMINE; when combined with one or more other therapeutically active substances in oral preparations for the treatment of coughs, colds or influenza when:

- at least one of the other therapeutically active substances is a sympathomimetic decongestant; or
- in a day/night pack containing doxylamine in the bedtime dose; and
- in preparations for adults or children two years of age or more

LEVOCABASTINE; for ophthalmic or nasal use

LORATADINE; for oral use

PHENIRAMINE; for ophthalmic use; when combined with one or more other therapeutically active substances in oral preparations for the treatment of coughs, colds or influenza when:

- at least one of the other therapeutically active substances is a sympathomimetic decongestant; or
- in a day/night pack containing pheniramine in the bedtime dose; and
- in preparations for adults or children two years of age or more

PROMETHAZINE; ; in packs containing not more than 10 tablets for the prevention or treatment of motion sickness except when sold at a transport terminal or aboard a ship or plane; when combined with one or more other therapeutically active substances in oral preparations for the treatment of coughs, colds or influenza when:

- at least one of the other therapeutically active substances is a sympathomimetic decongestant; or
- in a day/night pack containing promethazine in the bedtime dose; and
- in preparations for adults or children two years of age or more

THENYLDIAMINE; for nasal use; when combined with one or more other therapeutically active substances in oral preparations for the treatment of coughs, colds or influenza when:

- at least one of the other therapeutically active substances is a sympathomimetic decongestant; or
- in a day/night pack containing thenyldiamine in the bedtime dose; and
- in preparations for adults or children two years of age or more

TRIMEPRAZINE; when combined with one or more other therapeutically active substances in oral preparations for the treatment of coughs, colds or influenza when:

- at least one of the other therapeutically active substances is a sympathomimetic decongestant; or
- in a day/night pack containing trimeprazine in the bedtime dose; and
- in preparations for adults or children two years of age or more

TRIPROLIDINE; when combined with one or more other therapeutically active substances in oral preparations for the treatment of coughs, colds or influenza when:

- at least one of the other therapeutically active substances is a sympathomimetic decongestant; or
- in a day/night pack containing triprolidine in the bedtime dose; and
- in preparations for adults or children two years of age or more