

## DP Lotion-HC

*Hydrocortisone*

1% w/w

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### What is in this leaflet

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**Please read this leaflet carefully before you start using DP Lotion-HC 1%**

This leaflet answers some common questions about DP Lotion-HC 1%. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you taking DP Lotion-HC 1% against the benefits they expect it will have for you.

**If you have any concerns about taking this medicine, ask your doctor or pharmacist.**

**Keep this leaflet with the medicine. You may need to read it again.**

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### What DP Lotion-HC 1% is used for

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DP Lotion-HC 1% is used as an aid to relieve the symptoms of inflammation such as redness, swelling and itching due to skin disorders.

DP Lotion-HC 1% contains hydrocortisone, which belongs to a group of medicines called corticosteroids.

Your doctor may have prescribed DP Lotion-HC 1% for another reason.

**Ask your doctor if you have any questions about why DP Lotion-HC 1% has been prescribed for you.**

This medicine is available only with a doctor's prescription.

Hydrocortisone is not addictive.

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### Before you use DP Lotion-HC 1%

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#### *When you must not use it*

**Do not use DP Lotion-HC 1% if you have an allergy to:**

- any medicine containing hydrocortisone or a class of medicines called corticosteroids
- lanolin, a substance obtained from sheep's wool
- any of the ingredients listed at the end of this leaflet.

Some of the symptoms of an allergic reaction may include:

- difficulty in breathing or wheezing
- shortness of breath
- swelling of the face, tongue, lips, or other parts of the body
- hives on the skin, rash, or itching.

**Do not use DP Lotion-HC 1% if:**

- you have an infection at the site of application
- you have skin cancer
- an itch is due to a disease of the internal organs.

**Do not take it after the expiry date (EXP) printed on the back.** If you take it after the expiry date has passed, it may not work as well.

**Do not take it if the packaging is torn or shows signs of tempering.**

If you are not sure whether you should start using DP Lotion-HC 1%, talk to your doctor.

### ***Before you start to use it***

Tell your doctor if:

- 1. you have allergies to:**
  - any other medicines
  - any other substances, such as foods, preservatives or dyes.
- 2. you are pregnant or intend to become pregnant.**

Hydrocortisone is generally not recommended for use during pregnancy, as there is inadequate information on the effects of hydrocortisone on the developing child. Your doctor will weigh the risks and benefits of using this medicine while you are pregnant.
- 3. you are breastfeeding planning to breastfeed.**

Although absorption of hydrocortisone into the blood is very low after topical administration, it is possible for absorption to occur. Hydrocortisone may pass into breast milk and affect the baby. Your doctor will weigh the risks and benefits of using this medicine while breastfeeding.

If you have not told your doctor about any of the above, tell them before you start using DP Lotion-HC 1%.

### ***Taking other medicines***

Tell your doctor if you are taking any other medicines, including medicines that you buy without a prescription from your pharmacy, supermarket or health food shop. You should also tell any health professional who is prescribing a new medication for you that you are using DP Lotion-HC 1%.

Your doctor or pharmacist has more information on medicines to be careful with or avoid while taking DP Lotion-HC 1%.

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## **How to use DP Lotion-HC 1%**

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### ***How much to use***

Apply a thin, even layer two to four times a day or as directed by your doctor.

**Follow all directions given to you by your doctor or pharmacist carefully.** Your doctor may have prescribed a different dose.

**If you do not understand the instructions on the bottle, ask your doctor or pharmacist for help.**

### ***How to use it***

Always:

- apply the correct amount of DP Lotion-HC 1% as directed by your doctor
- apply only to effected areas
- avoid applying to broken skin or where skin is no longer present.

Certain types of dressings may increase the amount of DP Lotion-HC 1% absorbed through the skin. Use dressings as directed by your doctor.

### ***How long to use it***

How long depends on your condition and response to the treatment.

### ***If you forget to use it***

Do not apply extra DP Lotion-HC 1% if you forget to use it. It may increase your chances of getting unwanted side effects. If it is almost time for your next application, skip the one you missed and use again when you were meant to. Otherwise, use it as soon as you remember and then go back to using it as you would normally.

**If you are not sure what to do, ask your doctor or pharmacist.**

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## While you are using DP Lotion-HC 1%

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### *Things you must do*

**If you become pregnant while taking this medicine, tell your doctor immediately.**

**Tell your doctor if you get an infection or injury.**

**Tell your doctor if you experience blurred vision or other visual disturbances.**

If you are about to be started on any new medicine tell your doctor and pharmacist that you are using DP Lotion-HC 1%.

If you are going to have surgery, tell the surgeon or anaesthetist that you are taking this medicine.

### *Things you must not do*

**Do not give DP Lotion-HC 1% to anyone else, even if they have the same condition as you.**

Do not stop using DP Lotion-HC 1%, or lower the dosage, without checking with your doctor.

### *Things to be careful of*

**Be careful driving or operating machinery until you know how DP Lotion-HC 1% affects you.**

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## In case of overdose

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### *If you take too much (overdose)*

**Immediately telephone your doctor or the National Poisons Centre (telephone 0800 POISON or 0800 764 766), or go to accident and emergency at your nearest hospital, if you think that you or anyone else may have swallowed or used too much DP Lotion-HC 1%.**

**Do this even if there are no signs of discomfort or poisoning.** You may need urgent medical attention.

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## Side effects

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**Tell your doctor or pharmacist as soon as possible if you do not feel well while you are using DP Lotion-HC 1%.**

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical treatment if you get some of the adverse effects.

Side effects are unlikely to occur while using DP Lotion-HC 1% unless the medicine is significantly abused. If side effects do occur they are likely to be skin related such as:

- bruising
- acne
- fragile skin

If these effects occur, stop using the medicine and tell your doctor.

Prolonged use of DP Lotion-HC 1% may affect the elderly, children and infants.

**Do not be alarmed by this list of possible adverse effects.** You may not experience any of them.

**Ask your doctor or pharmacist to answer any questions you may have.**

**Tell your doctor if you notice any other effects.** Other adverse effects not listed above may also occur in some patients.

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## After using DP Lotion-HC 1%

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### *Storage*

**Keep your DP Lotion-HC 1% in a cool dry place** where the temperature stays at or below 25°C.

**Do not store DP Lotion-HC 1% in the bathroom or near a sink. Do not leave it in the car or on a windowsill.** Heat and dampness can destroy some medicines.

**Keep it where children cannot reach it.** A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

### ***Disposal***

If your doctor tells you to stop taking this medicine or they have passed their expiry date, ask your pharmacist what to do with any unused medicine. **Return any unused medicine to your pharmacist.**

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## **Product description**

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### ***What it looks like***

Uniformly white, glossy, moderately viscous lotion.

### ***Ingredients***

#### Active ingredient(s):

Hydrocortisone 1% w/w

#### Inactive ingredients:

Cetyl alcohol 95%, Paraffin oil light, Polysorbate 60, Sorbitan monostearate, Liquid lanolin, Propyl paraben, Glycerine, Methyl paraben, Triethanolamine 99% and Water.

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## **Sponsor details**

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DP Lotion-HC 1% is supplied in New Zealand by:

Douglas Pharmaceuticals Ltd

P O Box 45 027

Auckland 0651

New Zealand

Phone: (09) 835 0660

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## **Date of preparation**

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16 July 2018

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