

Poly-Tears® Lubricating Eye Drops

Please read carefully and keep this package insert for future use.

DESCRIPTION

Poly-Tears® Lubricating Eye Drops is a sterile solution containing Dextran 70, hypromellose, sodium chloride, potassium chloride, borax and POLYQUAD® (polyquaternium-1) 0.011 mg/mL preservative.

ACTIONS

Poly-Tears® Lubricating Eye Drops moistens your lenses and helps to remove particulate material that may cause irritation or discomfort.

USES (Indications)

Poly-Tears® Lubricating Eye Drops is a dry eye therapy for the temporary relief of burning, irritation and discomfort due to dryness of the eye. **Poly-Tears® Lubricating Eye Drops** may be used for rewetting of all rigid gas permeable and soft (hydrophilic) contact lenses, including daily, extended wear, and disposable, to relieve discomfort and minor irritation or blurring which may be caused by wearing contact lenses.

CONTRAINDICATIONS

People allergic to any ingredient in **Poly-Tears® Lubricating Eye Drops** should not use this product.

DIRECTIONS

Instill 1 or 2 drops in the affected eye(s) as needed or as directed by your eye care professional. **Poly-Tears® Lubricating Eye Drops** may be used as needed throughout the day. Place drops on the eye and blink.

Follow these steps to use the eye drops:

1. Wash your hands thoroughly with soap and water.
2. Immediately before using a bottle for the first time, break the safety seal around the neck area and throw the loose plastic ring away.
3. Remove the cap from the bottle.
4. Hold the bottle upside down in one hand between your thumb and middle finger (see Diagram 1).

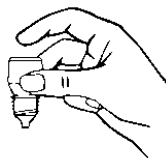


Diagram 1

5. While tilting your head back, gently pull down the lower eyelid of your eye to form a pouch / pocket.
6. Place the tip of the bottle close to your eye. Do not let it touch your eye.
7. Release one drop into the pouch / pocket formed between your eye and eyelid by gently tapping or pressing the base of the bottle with your forefinger (see Diagrams 2 and 3).

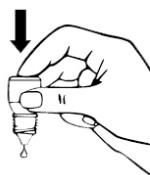


Diagram 2



Diagram 3

8. Close your eye. Do not blink or rub your eye.
9. While your eye is closed, place your index finger against the inside corner of your eye and press against your nose for about two minutes. This will help to stop the medicine from draining through the tear duct to the nose and throat, from where it can be absorbed into other parts of your body. This will also reduce any unpleasant taste sensation that some people experience when using these drops.

WARNINGS

OPHTHALMIC USE ONLY.

It is essential that you follow your eye care practitioner's directions and all labelling instructions for proper use of the product. If you experience headache, eye pain, persistent eye discomfort, excessive tearing, vision changes, or redness of the eye or if the condition worsens or persists for more than 72 hours, remove any contact lenses, discontinue use of the eye drops and consult your eye care practitioner as the problem could become more serious.

Be careful driving or operating machinery until you know how **Poly-Tears® Lubricating Eye Drops** affect you and your vision. As with any eye medicine, temporary blurred vision or other visual disturbances may affect the ability to drive or use machines. If blurred vision occurs at instillation, wait until your vision is clear before driving or using machinery.

ADVERSE EFFECTS

All medicines can have some side effects. Sometimes they are serious, most of the time they are not. You may need medical treatment if you get some of the side effects.

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are using **Poly-Tears® Lubricating Eye Drops**.

Do not be alarmed by the following list of possible side effects. You may not experience any of them.

Ask your doctor or pharmacist to answer any questions you may have.

Most of the effects from **Poly-Tears® Lubricating Eye Drops** occur in, or around, the eye. These may include:

- Blurred vision
- Eye irritation, discomfort or feeling of having something in the eye
- Swollen, itchy eye(s) or eyelid(s)
- Red eyes
- Eye pain
- Increased tearing or dry eyes
- Crusty eyelids

Occasionally some people notice unwanted effects in the rest of their body as a result of using **Poly-Tears® Lubricating Eye Drops**. These may include:

- Headache

If any of the following happen, stop using Poly-Tears® Lubricating Eye Drops and tell your doctor immediately or go to Accident & Emergency at your nearest hospital:

- Skin rash
- Swelling of the face, hands or feet
- Wheezing, difficulty in breathing
- Severe and sudden onset of pinkish, itchy swellings on the skin, also called hives or nettle rash
- Shortness of breath (dyspnoea, heart failure)

These hypersensitivity reactions can be very serious side effects. You may need urgent medical attention or hospitalisation. These side effects are very rare.

PRECAUTIONS

- To avoid contamination, never touch the dropper tip of the container to any surface.
- Replace cap after using
- Store below 25°C
- Keep the container tightly closed when not in use.
- Use before the expiration date marked on the product.
- Discard any remaining solution 6 months after first opening.
- Keep out of reach of children.
- Do not swallow the solution.

HOW SUPPLIED

Poly-Tears® Lubricating Eye Drops, which is sterilised by a combination of steam and filtration, is supplied in plastic bottles ranging in fill volume from 5 mL to 15 mL.

Made in Belgium for

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